

THE SPA

at The Landing Resort

MASSAGE TREATMENTS

◆ Relaxing Swedish Massage

50 Minutes \$135 • 80 Minutes \$175

A customized therapeutic massage using moderate pressure to promote relaxation and well-being.

◆ Therapeutic Deep Tissue Massage

50 Minutes \$165 • 80 Minutes \$205

Firm pressure is applied to focus on realigning deeper layers of muscle and connective tissues to relieve tension and alleviate pain.

◆ Hot Stone Massage

80 Minutes \$205 • 105 Minutes \$310

Heated river rocks are placed on the body and used during the massage to melt away tension and stress.

◆ Peak Recovery Massage

80 Minutes \$205

An individualized result driven massage geared towards athletic strains and balancing. Utilizing a blend of essential oils and healing herbs to correct, rejuvenate, and prevent future fatigue.

◆ Prenatal Massage

50 Minutes \$165 • 80 Minutes \$205

A specialized massage to enhance body function, tone, and comfort while relieving mental and physical fatigue.

A true experience for both mother and child.

(Not recommended during first trimester)

◆ Pair Massage

50 Minutes • 80 Minutes

Relax side-by-side with a massage treatment customized to your individual needs. Prices based on massage preferences.

EXPRESS RETREAT MENU • 25 Minutes \$85

◆ Foot Reflexology

Manipulation of nerves in the feet creates harmony and promotes optimal function of our body's major systems. The answer after a long day of skiing, hiking, or shopping.

◆ Scalp, Neck, & Shoulders

A revitalizing massage encompassing the scalp, neck, and shoulder area to reduce stress related tension quickly.

◆ Mini-Facial

A fresh face fast. Enjoy a thorough cleanse, mild exfoliation, and a customized specialty product application based upon your skin's specific needs. The perfect addition to any massage or body treatment.

◆ Full Body Exfoliation

A robust aromatic full body exfoliation.

The perfect addition to all services.

DAY PASS • \$40/day

Enjoy our Resort and Spa facilities: steam room, sauna, fitness center, pool, hot tub, showers, lockers, and lounge. Must be 18 or older.* Fee waived with spa service. Blackout dates may apply.

*Guests under the age of 18 must be accompanied by an adult in the treatment room and facilities.

FACIALS

◆ The Landing Signature Facial

50 Minutes \$135 • 80 Minutes \$175

This facial is personalized for all skin types to renew, repair and treat any skin condition. It includes a double cleanse, exfoliation, extractions, two treatment masks, facial massage and deep hydration.

◆ Elevation Anti-Aging Facial

80 Minutes \$185

In conjunction with a double masking of our collagen tightening masks, this facial promises to dramatically lift, firm, and increase textural clarity and tone.

◆ Clear Blue Tahoe Facial

50 Minutes \$135 • 80 Minutes \$175

The perfect treatment for clients dealing with acne, inflammation, and over-active oil production.

◆ Mountain Man Facial

50 Minutes \$135 • 80 Minutes \$175

Maintain that rugged appeal by replenishing important minerals in the skin's surface. Complete with a scalp, face, neck, and shoulder treatment.

◆ Fire and Ice Facial

50 Minutes \$150 • 80 Minutes \$205

Experience the delicacy of this uniquely customized firming and hydrating facial, while calming sensitive skin types. The cold stones repair, replenish, and renew your skin's elastin, stimulate muscle, calm redness, eliminate fine lines, oxygenate skin, stimulate blood circulation, and accentuate the true beauty of your complexion.

◆ Artic-Berry Illuminating Facial

50 Minutes \$150 • 80 Minutes \$205

Revel in the luxury of this results-driven illuminating, hydrating, and anti-aging facial. Berries filled with powerful antioxidants will revitalize the skin while also protecting the skin from further damage. This facial is filled with powerhouse ingredients so you may achieve a luminous glow immediately. Perfect for a date night.

BODY TREATMENTS • 80 Minutes \$205

◆ Detoxifying Clay Body Facial

A detoxifying Volcanic Ash and China Clay body mask, followed by a hydrating olive oil application.

◆ Arnica Muscle Relief Body Treatment

Your journey to relief begins with an exfoliating Herbal Spice Scrub and a relaxing Arnica Cream application.

◆ Coffee and Coconut Body Wrap

Revitalize using the circulatory stimulants of coffee and coconut. This oil scrub is formulated to tone and stimulate, and is layered with a mineral masque. Top it off with a silky smooth, hydrating coconut moisturizer.

◆ Chai Soy Body Treatment

Formulated to tone and stimulate with an Herbal Spice Scrub exfoliation followed by a Chai Soy Masque. Finished with a vanilla moisturizer.

WAXING • Inquire at The Spa

"I WANT IT MY WAY" PACKAGE

Create your own Spa Day. Choose three+ services for the same person on the same day and receive a 10% discount.